



The Camp Gilead River Run 5K is a fun run/walk to help raise money for camper scholarships. Each year Camp Gilead helps many children attend summer camp through it's scholarship program. For more information about the Camp Gilead Memorial Scholarship Fund please visit:

[www.campgilead.org/memorials.htm](http://www.campgilead.org/memorials.htm)

Distance/Course

The USA Track & Field certified course begins near the camp chapel and continues from Gilead, across the bridge and along the river and surrounding country roads, looping back along the river to finish near the chapel. Course is mostly flat & paved. Chip timing will be provided by BuDuRacing.



Entry Fee:

\$25 pre-registered by May 25

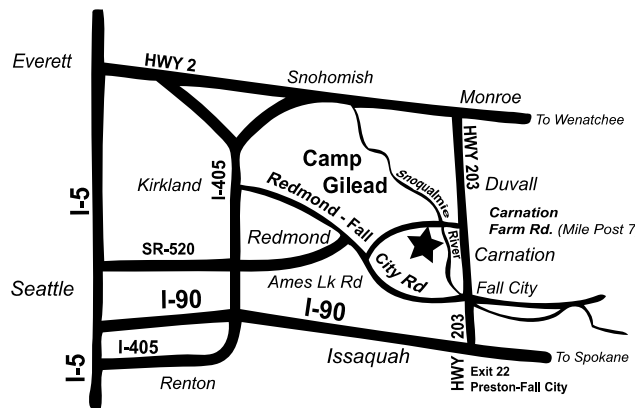
\$30 day of race

\*Checks payable to Camp Gilead. Includes a long-sleeved t-shirt & pancake breakfast.

There is no guarantee that day of race registrants will receive a shirt.



**Camp Gilead River Run 5K**  
 30919 NE Carnation Fm Rd  
 Carnation WA 98014  
 riverrun5k@campgilead.org  
 www.campgilead.org/riverrun5k  
 Kimberly Mallory \* Race Director  
 425-985-3326



**Camp Gilead offers the following programs**  
 Day Camp K - 3rd grade  
 Resident Camp 3rd - 12th grade  
 Family Camp  
 Retreat Rental Facilities for groups 10 - 200

Director: Jack L. Moyer jack@campgilead.org  
 Program Director:  
 Kimberly L. Mallory kimberly@campgilead.org



**MEMORIAL DAY**  
**MONDAY MAY 28, 2012**  
**9:00AM**

[campgilead.org/riverrun5k](http://campgilead.org/riverrun5k)

**Benefitting Camper Scholarships**  
**Pancake Breakfast To Follow**  
*Free Childcare Available During the Race!*



# Gilead River Run Registration

one name per form please

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Gender: M F Age: \_\_\_\_\_

Birth Date: \_\_\_\_\_

Shirt Size: *please circle*

Youth S Youth M Youth L Youth XL

Adult S Adult M Adult L Adult XL Adult 2X

Age Division: *please circle*

Under 10 11 - 14 15 - 19 20 - 29

30 - 39 40 - 49 50 - 59 60+

Release: I know that running/walking a road race, or participating in an organized event, regardless of the distance includes an element of risk. I should not enter and participate in the Gilead River Run (hereinafter "this event") unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to compete in this event safely and I further agree that event officials may authorize necessary emergency treatment for me. I also understand that both vehicle traffic and spectators will be present along the course and I assume the risk of participating under such conditions. I further assume any and all other risks associated with participation in this event including, but not limited to, illness, traveling to and from the event, falls, contact with other spectators and participants, the effects of the weather (including temperature extremes and humidity) and the surface conditions of the roads, paths, sidewalks, all such risks understood and appreciated by me. Having entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the sponsors, suppliers, agents, independent contractors, employees and any other liability of any kind or nature whatsoever arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons or parties named in this waiver. I also understand and agree that any sponsor may subsequently use, for publicity purposes, my name or picture of me, possibly on the Internet, participating in this event without liability or obligation to me. Entries from minors will be accepted only with a parent or legal guardian's signature. Insufficient information will result in your entry being returned. Entry fees are non-refundable.

\_\_\_\_\_  
Runner's Signature

\_\_\_\_\_  
Parent's Signature if under 18

\_\_\_\_\_  
Signature Date

Pre-registration \$25/Day of Race \$30 \_\_\_\_\_

Additional donation to Scholarship Fund \_\_\_\_\_

Total Enclosed: \_\_\_\_\_

Mail to: 30919 NE Carnation Farm Road  
Carnation WA 98014  
FAX: 425-333-5311  
EMAIL: riverrun5K@campgilead.org

Registering \* Mail or Drop Off:

Camp Gilead 30919 NE Carnation Fm Road  
Carnation WA 98014

Make Checks Payable to: Camp Gilead

Registering Online: www.active.com  
(search Camp Gilead River Run)

Important Times:

8:00am Registration & Check In

9:00am Race Begins!

9:05am Pancake Breakfast begins

10:00am Award Ceremony

10:30am Pancake Breakfast ends

Join us!

11:00am Gilead Memorial Day Service

*Picnic Lunch Following (bring your lunch)*

Pancake Breakfast: included in race registration. Additional tickets may be purchased for \$5 per person. \$20 family max.

FREE CHILDCARE: For children up to 5 years old, free childcare will be provided in our lodge. Check in will begin at 8:15 AM and pickup by 10:15 AM.

Race Results:

Results will be available after the race on the Camp Gilead River Run website as well as on active.com

Prizes:

Medals & prizes will be awarded to the top three finishers per division & gender. Prizes awarded at the Pancake Breakfast.



Many thanks to some of our  
generous sponsors!

for a complete list of sponsors please visit  
www.campgilead.org/riverrun5k



www.scottruhlmanmd.com



genesisann.com

**Interested in sponsoring?**

We'd love to partner with you in this effort to help children experience the magic of summer camp!  
riverrun5k@campgilead.org